

Strengthening Families, Strengthening Children  
**Providing Outpatient Mental Health Services**  
SERVING CHILDREN, ADULTS AND FAMILIES



Services Provided:

- Mental Health Assessment
- Individual and Family Counseling
- Targeted Case Management
- Substance Abuse (Lakeland)
- Group Therapy
- Psychiatry (Therapy Client only)
- Virtual and In-Person

Submit referral to: **[www.FamiliesFirstFL.com](http://www.FamiliesFirstFL.com)**

**OR email [referral@familiesfirstfl.com](mailto:referral@familiesfirstfl.com)**

**OR use QR Code**



[Check website for updated insurance information!](#)

Accepted insurances:

**MEDICAID**

- |                             |                            |
|-----------------------------|----------------------------|
| • AETNA BETTER HEALTH       | • HUMANA                   |
| • AMERIGROUP CARITAS        | • ACCESS BEHAVIORAL HEALTH |
| • BETTER HEALTH             | • MEDICAID                 |
| • CARELON                   | • MOLINA HEALTH CARE       |
| • CMS TITLE 19 AND TITLE 21 | • SUNSHINE HEALTH          |
| • CARE SOURCE               | • UNITED HEALTH CARE       |
| • FLORIDA COMMUNITY CARE    |                            |

**COMMERCIAL AND HEALTHY KIDS**

- |                          |                               |
|--------------------------|-------------------------------|
| • AMBETTER               | • VA – COMMUNITY CARE NETWORK |
| • BLUE CROSS/BLUE SHIELD | • TRI-CARE                    |
| • HUMANA                 | • AETNA HEALTHY KIDS          |
| • MOLINA                 | • CARELON HEALTHY KIDS        |

**MEDICARE**

- |                          |                        |
|--------------------------|------------------------|
| • MEDICARE               | • CAREPLUS             |
| • BLUS CROSS/BLUE SHIELD | • FREEDOM              |
| • WELLCARE               | • OPTIMUM              |
| • UNITED                 | • SIMPLY               |
|                          | • ULTIMATE HEALTH PLAN |

*WE WILL ALSO WORK WITH YOU IF YOU DON'T HAVE INSURANCE!*

LAKELAND | OCALA | ORLANDO | PANAMA CITY | TALLHASSEE | TAMPA  
AND ALL SURROUNDING AREAS

FAX; Lakeland 863-583-0392\* Ocala 352-354-9166\* Orlando 407-386-7429 \* Panama City 850-290-7442  
\* Tallahassee 850-290-7442 \* Tampa 813-435-2033

**WWW.FAMILIESFIRSTFL.COM**

**Main Number 813-290-8560**