



Strengthening Families, Strengthening Children

**Providing Mental Health Services for
Adults, Children, and Families**



Outpatient Services

Mental Health Assessments

Individual Counseling/ Family

Counseling Child Parent Psychotherapy

Adoption Competent Counseling

Parent-Child CBT

Anger Management Groups

Psychiatry [therapy clients]

Targeted Case Management

Substance Abuse (Lakeland)

****Note:** Not all services are at all locations

Please contact us to verify.

Currently Serving

Lakeland, Ocala, Orlando, Panama City, Tallahassee, Tampa and surrounding areas.

Please submit referrals as follows:

<http://www.familiesfirstfl.com/outpatient-referral-referral@familiesfirstfl.com>

Payment Options

Medicaid Insurances:

Aetna Better Health
Amerigroup
Better Health of Florida-BSN
Carelton
CMS – Title 19 – Sunshine
CMS – Title 21 – Sunshine
Humana - Access Behavioral Health
Humana - Carelon
Lighthouse – Access Behavioral Health
Medicaid
Molina Healthcare
Simply Health Care
Sunshine Health/Cenpatico
United Health Care/ Optum – Medicaid

Commercial Insurances:

United Behavioral Health-Optum
VA – Community Care Network
Tri-Care East
Humana Behavioral Network
Molina Marketplace
Ambetter
Aetna Better Health
Florida Community Care
Magellan Health
Behavior Services Network (BSN)
Blue Cross Blue Shield

Healthy Kids:

Aetna Better Health–Healthy Kids
Carelton – Healthy Kids

Self Pay/Private Pay:

Please call for current listing as the above is subject to change

Fax us by service location:

Lakeland (863) 583-0392

Ocala (352) 354-9166

Orlando (407) 386-7429

Panama City (850) 290-7442

Tallahassee (850) 290-7442

Tampa (813) 435-2033

You can reach us at 813-290-8560

Select option 0- then follow the prompts for the appropriate service location.