



## Local Crisis Information

**For EMERGENCY MENTAL HEALTH CRISIS - PLEASE CALL 911**

For NON-EMERGENCY mental health matters, please utilize your local mental health provider as follows:

Lakeland Service Center clients - Peace River Center - 863-519-3744

Ocala Service Center clients – The Vines at 352-671-3130 or The Center - 352-351-6900

Orlando Service Center clients - Lifeline of Central Florida - 407-425-2624

Panama City Service Center clients - Emerald Coast Behavioral Hospital - 800-543-2919

Tallahassee Service Center clients, contact Apalachee Crisis Unit - 850-523-3333

Tampa Service Center clients in Hillsborough County - Grace points Mobile Crisis Response Team at 813-272-2658. For Pinellas County - PEMS - 727-541-4628

**For community helpline and crisis hotline that provides suicide prevention, crisis intervention, information, assessment, and referral to community services for people of all ages call 211.**

211 provides callers with information about and referrals to social services for every day needs and in times of crisis. For example, 2-1-1 can offer access to the following types of services:

- Basic Human Needs Resources – including food and clothing, shelters, housing, utility assistance.
- Disaster Response and Recovery – works with the emergency management team during a disaster to offer support and place for dissemination of information.
- Mental Health and Health Resources – including counseling, support groups, drug and alcohol treatment, health insurance programs, Medicaid and Medicare, maternal health resources, health insurance programs for children, medical information lines, clinics, and hospitals.
- Employment Supports – including job training, employment services, transportation assistance and education programs.
- Older Adults and Persons with Disabilities – including adult day care, community meals, respite care, home health care, transportation and homemaker services.
- Children, Youth and Family Support – including childcare, after school programs, educational programs for low income families, family resource centers, and recreation programs, mentoring, tutoring and protective services.